

## Finì Concierge, Inc. December Newsletter

December 2009

Happy Holidays!

During the holiday season it is easy to get wrapped up in the shopping, gift giving, the party going and eating. With all of the rushing around, often the spirit of the season -- to celebrate loved ones and to give of yourself -- gets lost.

This year live the spirit of the holidays and enjoy!!

Best wishes,

Chantal and Ed Boxer

Finì Concierge, Inc.

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### *Holiday Shows*



One of the most festive ways to enjoy the spirit of the holidays is to catch a show at one of Boston's many theatres. Contact Finì Concierge to purchase tickets for any of the following shows:

**Boston Ballet's The Nutcracker** at The Opera House now until December 27th. For more information please click on the following link: [Boston Ballet's The Nutcracker](#)

**The Urban Nutcracker** at The John Hancock Hall December 4th to December 20th. For more information please click on the following link: [The Urban Nutcracker](#)

**2009 Holiday Pops** at the Boston Symphony Hall December 9th to December 27th. For more information please click on the following link: [Holiday Pops](#)

**Mamma Mia** at the Colonial Theatre December 15th to 27th. For more information please click on the following link: [Mamma Mia](#)

**101 Dalmations** at the Wang Center December 22nd to 27th. For more information please click on the following link: [101 Dalmations](#)

### *Winter Workouts*



Save your New Years resolution for something more original and make a plan now to stay active all winter long. Not only will you thank yourself when you feel guilt free after eating that extra piece of holiday dessert but you will likely ward off illness too. Use one of the following ideas to change up your current workout regimen or if you need to start something new:

Dedicate yourself to participating in **winter sports**. Purchase seasonal ski passes for you and your family members and then make sure you pre-arrange a few dates during each month of ski season. If you don't ski, it's never too late to learn. Ice skating and snowshoeing are both also great ways to keep in shape by having fun and taking advantage of the season.

Join a gym so you can use the **indoor pool**. You can sign up for water aerobics classes or just swim laps on your own. Water activity is a great low impact exercise

that is fun and will also help you stay fit.

Buy a new **workout DVD** or check out the Direct TV workout sessions. Both are great ways to find a workout that meets your needs. There are so many options in regards to time, difficulty, music, and style. Change it up to keep it fun and to challenge your body.

Walk, walk, walk and **keep walking**. Change up your scenery and walk in different directions or in new places. Be sure to bundle up and stay hydrated when you walk outside-the same as you would for a summer walk. You can also go to the local mall or use an indoor track.

### *Wine of the Month*



#### **Londer Vineyards 2006 Pinot Noir Anderson Valley**

"Fresh and floral, restrained and elegant, even understated, with dark plum, black cherry, herb and savory berry flavors that linger. Drink now through 2011. 3,047 cases made." 90 Points, James Laube, Wine Spectator, June 30, 2008 91 Points, vinodivino, November 2009

- 1-5 bottles price: \$24.30
- 6+ bottles price: \$19.50

Please click on the following link to order your wine. Once your order is submitted Fini Concierge will take care of the details.

[Order Form](#)

Enjoy!

### *Crazy Busy Tip of the Month*



#### **Forgetfulness**

It seems these days that so many people complain of severe forgetfulness. Chances are our forgetfulness stems from pure overload - too many numbers, passwords, appointments, gadgets, acquaintances, etc.

The best way to handle this is not to panic - this will surely just add to your forgetfulness! Instead, never assume in this crazybusy world of ours that you will remember something - in fact, assume you won't, and set out to find a way to help you remember.

- Immediately write down appointments in your calendar
- Leave yourself a message on your voicemail
- Send yourself an email
- Write yourself a note

Whatever works for you. Sometimes even the act of doing these things will help you to remember!

For more information please click on the following link: [Crazy Busy Life](#)

CrazyBusy: Overstretched, Overbooked, and About to Snap! Strategies for Coping in a World Gone ADD by Edward M. Hallowell

### *Fini Happenings*



Happy Holidays to all of our clients and service providers! We look forward to another happy and successful year!

## *Fini Yard Sale*



Fini frequently receives requests to resell items that our clients own. Often times, they have moved and just don't have space for certain items. Other times they have vintage or custom pieces that they no longer use or wear. To assist our clients in reselling their items we will be listing them here. If you are interested in reselling or purchasing an item from the Fini Yard Sale, contact us and we can arrange for pick up and delivery.

## *Fini Community Corner*



**Gifts to Give** is a non profit located in New Bedford, MA which provides essential goods (clothing, schools supplies, toys and much more) to meet basic needs of families on the South Coast of Massachusetts.

To learn more about how you can help please visit the website by clicking on the following link: [Gifts to Give](#)

Please contact Fini Concierge if you would like to share your event with our community.

## *Upcoming & Ongoing Events*



**40th Osterville Christmas Open House & Stroll:** in Osterville Village on December 12th. For more information please click on the following link: [Osterville Christmas](#)

**Nantucket Noel Celebration:** November 27th- December 31st including the Annual Christmas Stroll Weekend December 4th-6th. For more information please click on the following link: [Nantucket Noel Celebration](#)

**First Night Chatham:** On December 31st. This year's theme is Celebrate Chatham's Fishing Heritage. For more information please click on the following link: [First Night Chatham](#)

**First Night Boston:** On December 31st. For more information please click on the following link: [First Night Boston](#)

## *Reminders*



Do you need a unique or last minute gift? Give the gift of time with a **Fini Concierge gift certificate**. Contact Fini Concierge to order yours now.

**Holiday Stress?** Do you experience holiday stress? Are you rushing around at the last minute trying to get everything done. Sometimes people are so busy they forget to ask for help. We want to remind you that we are here to take care of holidays tasks--big or small--to ensure your holidays are a time that you can enjoy with family and friends.

Keep up to date on all Fini happenings and become a **fan on facebook**. To become a fan just type Fini Concierge into the search engine on any facebook page.

**Fini Website Additions:** Check out our new and expanded services. Please click on the following link to learn more: [Fini Concierge Services](#)

**Fini "In the News":** Check out the most recent media coverage highlighting Fini Concierge. Please click on the following link to read about us. [Fini In the News](#)

## Contributors

THANK YOU!

Thank You!

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Fini Concierge would like to thank the following individuals for contributing to our newsletter. Please contact Fini Concierge if you are interested in any of the services offered by our contributors.

**vinodivino**, a real wine shop in Newton, MA

### Fini Links...

- [More About Fini Concierge](#)
- [Additional Services](#)
- [Fini In The News](#)
- [Client Testimonials](#)

email: [boxer@finiconcierge.com](mailto:boxer@finiconcierge.com)

phone: 617-247-0043

web: <http://www.finiconcierge.com>