



Fini Concierge July Newsletter

July 2010

Greetings!

Wishing you a very Happy 4th of July! And hoping that you are enjoying all that summer has to offer.

Enjoy!

Chantal and Ed Boxer
Fini Concierge, Inc.

Enjoy your summer! Here are a few ways to do it!



Take advantage of summer in New England. We know you have been working hard and putting a lot of energy into your daily routine so we encourage you to take some time for yourself this summer.

The following activities are ways to incorporate relaxation and rejuvenation into your life this summer:

White Water Rafting, Canoeing, Kayaking:

There are many fun and adventurous opportunities to spend time on the rivers in Massachusetts, Vermont, New Hampshire and Maine. You don't need special equipment or experience to have a good time. Trained guides will assist you to have a safe and exciting experience.

In This Issue

[Enjoy Your Summer](#)

[Outdoor Entertaining](#)

[Wine of the Month](#)

[Crazy Busy Tip of the Month](#)

[Fini Happenings](#)

[Fini Yard Sale](#)

[Fini Community Corner](#)

[Upcoming & Ongoing Events](#)

[Reminders](#)

[Contributors](#)

Follow us on:



Camping:

Spend some time under the stars and appreciate the natural surroundings. Build a camp fire, play games and enjoy each other's company without the distraction of your cell phone, computer or TV. New England offers many camping opportunities depending on the type of experience you are looking to have such as biking, bird watching, or the beach.

Hiking:

Stretch your legs and get ready for the view. Take it easy or choose a strenuous all day hike. Hiking is a great way to relax and re-energize. Add a hike to any of the other summer activities listed here during a long weekend. Be prepared with plenty of water, sunscreen, maps and comfortable shoes.

Sailing:

Whether you have never been sailing, are a beginner or more advanced there are opportunities to sail in Boston, on the Cape and Islands or in Rhode Island or Maine -- and owning a boat is not required. For an even more unique experience you can check out night sailing or plan a sailing trip during a Caribbean vacation.

Horseback Riding:

All over New England there are opportunities for horseback riding and/or lessons -- along the water, through pastures or woodlands. Short rides/lessons or trail rides are available.

Contact Fini Concierge for specific details on any of the above activities. We can send you information directly and make your reservations for you.

Quick Links

[About Fini](#)
[Fini 'In the News'](#)
[Fini Concierge Blog](#)

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Outdoor Entertaining



Do you have plans to entertain outdoors this summer? We wanted to share some tips with you in order to make your outdoor space a comfortable and fun place to be this summer. Check out the following tips and contact Fini Concierge if you need assistance planning your event.

Plan ahead: order invitations, reserve outdoor furniture rentals and book a caterer or order food well in advance (these things can be taken care of on short notice too but usually it is best to plan ahead of time)

Make a home inventory list to be sure to have bar supplies, food

supplies, cleaning supplies and paper supplies

Make sure **food is in a shaded area**, ideally under a tent

Have a rain date in place, or a full covered and heated space for guests in case of rain

Arrange for **trash storage** during your event and for **trash removal** after the event

Consider other outdoor items that you may need such as sun umbrellas, bug spray, citronella candles, and space heaters

For more information, assistance, and/or checklists to plan for your event contact Fini Concierge.

Wine of the Month



Sean Minor 2008 Pinot Noir 4B Carneros

"Tasted in a flight with far more expensive wines, this Pinot stood proud. It's dry and richly complex, with the silk-and-satin texture you want. The flavors reward with cherries, cola, Canadian bacon, Indian spices and sandalwood. At this price, it's a steal."

91 Points EDITORS' CHOICE

Steve Heimoff, *Wine Enthusiast*, June 2010

1-5 bottles price: \$18.50

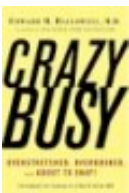
6+ bottles price: \$16.65 (that's 10% off)

Please click on the following link to order your wine. Once your order is submitted Fini Concierge will take care of the details.

[Order Form](#)

Enjoy!

Crazy Busy Tip of the Month



Destressing by Connecting with Others

A great way to stay balanced and healthy is to connect with others.

The following are a number of variations on this theme:

"In order to remain sane, sometimes we just let the house be dirty and go watch a movie together. I'd rather be remembered by my kids as having spent time with them instead of always having had a clean house."

"Crank your favorite tunes and sing/dance/reminisce."

"Have as many family meals together as possible. In this way you can really "check in" with everyone and let them know you are available to them."

"Watch people as I go about my day. Connect with their humanity by noticing the strain and/or joy etc. Try to leave a place a bit brighter by giving a genuine smile or otherwise, being kind (ie, opening doors etc). One of the best ways I know how to de-stress is to put myself in position where my presence matters."

"Spend time chumming with a friend"

"Keep strict boundaries around the computer and telephone. Set times to answer or return messages"

For more information please click on the following link: [Crazy Busy Life](#)

Crazy Busy: Overstretched, Overbooked, and About to Snap! Strategies for Coping in a World Gone ADD by Edward M. Hallowell

Fini Happenings



Recently Fini Concierge has been collecting new *testimonials*. We really appreciate your willingness to share your experiences with others about the work we do. We are happy to share a recent **client testimonial** with you below:

"Fini has helped me manage a number of special projects in my personal life (i.e. Packing and moving, surprise party for my Father's Retirement, etc. . . .) while I balance a heavy workload simultaneously. Each time I've had peace of mind that the project would be handled professionally, in a timely manner, with people I trust."

Jim Rushton
Fort Lauderdale, FL

If you would like to share a *testimonial* about your experiences with Fini Concierge, please contact us for details at mbennett@finiconcierge.com

Fini Yard Sale



If you are interested in reselling an item in Fini's Yard Sale, please contact us with details. We can arrange for pick up and delivery of your items as well.



Fini Community Corner



Consider it done.

Michele Topor's Boston North End Market Tours

Are you looking for something really fun and new to do in the Boston area. Choose a public or private tour with Michele Topor to experience "little Italy" with a native experienced chef, caterer and Italian food connoisseur.

A three-hour tour of North End markets includes:

- Tastings of many authentic foods
- Tips on food selection, preparation and preservation
- Insights on new restaurant "finds"
- Historical insights into the North End community

For more information please click on the following link: [North End Tour](#)

Upcoming & Ongoing Events



Check out your **local farmers markets** by clicking on the following link: [Farmers Markets](#)

Sowa Open Market: in the South End at 460 Harrison Ave. every Sunday from 10am-5pm until October 25th, excluding holiday weekends. For more information please click on the following link: [Sowa Open Market](#)

Fireworks on Cape Cod: on July 4th throughout various Cape Cod towns. Fireworks displays, parades and celebrations. Please call 888-33CAPECOD for more details or click on the following link: [Fireworks on Cape Cod](#)

Chatham's "July 4th" Independence Day Parade: on July 3rd at Main Street in Chatham at 9:30am. For more information please click on the following link: [Independence Day Parade](#)

The Boston Symphony Orchestra- Tanglewood: Opening night is July 9th at 8:30pm. The Tanglewood outside concert venue is in the Berkshires (Lenox, MA). For more information please click on the following link: [BSO-Tanglewood](#)

Annual Provincetown Secret Garden Tour: July 11th from 10:00am to 3:00pm. For more information please click on the following link: [Provincetown Secret Garden Tour](#)

Annual Osterville Village Day: July 17th in Osterville Village, Barnstable. Crafts fair, children's events, music, gala parade, bands, antique cars, floats and more. For more information please click on the following link: [Osterville Village Events](#)

Barnstable County Fair: From July 17th-July 24th. For more information please click on the following link: [Barnstable County Fair](#)

Summer Restaurant Week: August 15th-20th and 22nd-27th. For more information please click on the following link: [Restaurant Week Boston](#)

Reminders



Happy 4th of July! Enjoy your celebrations of the nation's independence with friends and family.

The **Steamship Authority's high-speed vessel**, the M/V Iyanough, is in service. One-hour from Hyannis to Nantucket. Please click on the following link for more information: [Steamship Authority](#)

The **Ferry from Boston to Provincetown** is up and running. For schedules and more information please click on the following link: [Provincetown Ferry](#)

Fini "In the News" Check out the most recent media coverage highlighting Fini Concierge. Please click on the following link to read about us in the Globe. [Fini In the News](#)

Contributors

THANK YOU!

Thank You!

Thank You!

Thank You!

Fini Concierge would like to thank the following individuals for contributing to our newsletter. Please contact Fini Concierge if you are interested in any of the services offered by our contributors.

vinodivino, a real wine shop in Newton, MA